



**Carlsbad High
School Band
Phoenix Trip**

Feb 28th-Mar 3rd 2019

***Final Trip Meeting
January 30, 2019**

**Trip Prepared by Alston
Dream Travel**

Rules and Regulations

***The following Do's and Don'ts are to ensure that your trip is a successful and enjoyable one, not to put a damper on your trip!!

General Rules

1. Students must obey all requests and instructions given by the Director, Faculty Members and Chaperones.
2. The Carlsbad High School staff reserves the right to inspect any and all baggage prior to or during the trip.
3. Listen carefully for announcements and changes or additions that may occur. Be sure to follow all instructions to the letter EVERY TIME!!
4. Report **PROMPTLY FOR EVERYTHING!!!**
5. Rooming/Bus assignments are final. No changes will be allowed.
6. Parents, chaperones, and students are to follow the schedule and instructions that are set-up or announced for the entire group. No individual additions or alterations are to be made. Students not following the rules and regulations, announcements, directions or basic Carlsbad High School behavior code of conduct rules will be subject to disciplinary action.
7. DO NOT TAKE CHANCES OR RISKS AT ANY TIME
8. Always be on your **BEST BEHAVIOR**, and remember that you are representing Carlsbad High School and the Carlsbad Community. The success of this trip will determine the likelihood of future trips by the Carlsbad High School music program.

Do's and Don'ts

DO:

Make a list of everything you need to take.
Check items off one by one and triple check the list.

Have your instrument checked and in perfect playing condition before we leave CHS.

Check the weather forecast for the week and bring appropriate clothing.

Make sure you bring a photo id

DON'TS:

Forget any medication or prescriptions.
Original bottles please!

Take expensive or irreplaceable items.
Neither CHS, director, chaperones, or Alston Dream Travel are responsible for lost or stolen items.

Excessive amounts of cash

Skip meals, especially breakfast. It's the most important meal of the day and is included !!

I. Check in

Report **PROMPTLY FOR EVERYTHING!!**

Before we leave from school, performances, restaurants, hotel, and attractions, we will take attendance each time. You will need to be polite and respectful so that this process takes as little time as possible.

II. Baggage/What to Bring

*Limit your luggage to a weight of 50lbs. “whatever you can carry by yourself at one time” is a good rule to follow since you will be responsible for your *own* luggage. With both instruments & luggage under the bus, we need all the room possible.

*You will also be responsible for some band equipment. You will know prior to us leaving from San Diego which equipment items you will be responsible for.

*Make sure that *ALL* your luggage is clearly labeled with your name, address, phone number and school. Your school equipment will also need to be labeled with your name. We will provide tags for all of the school owned equipment.

*Smaller instruments may be taken on the bus as your carry-on bag (Flute, Clarinet, Alto Sax, Trumpet) You are allowed one other small personal bag that must fit underneath the seat in front of you.

*You will only be on the bus for 5-6 hours. Anything that makes sounds must be used with headphones. You may also consider bringing homework to complete on the ride. There will be a DVD player on the bus so you may bring a movie or two for the bus to watch.

III. Bus Rules

*No instruments are to be played on the bus at any time.

*Respect the rights and comfort of other passengers, especially in terms of music volume. Headphones should be worn at all times.

*Stay in your seat unless you are using the restroom. The restroom on the bus should be used in ***EXTREME EMERGENCIES ONLY!!!***

*Most of the bus rides after the arrival will be anywhere between 45-75 minutes depending on traffic and distance.

*Follow all instructions when needing to get on and off the bus. There will be time limits set for you especially on the tour.

*During the evening hours, students will be seated with a student of the same gender.

IV. Chaperones

Chaperones are to be treated with respect at all times. Please follow the guidelines that they set as they are an authority figure. They have been given specific instructions from Mr. Manzi so their word is my word.

V. Curfew/Lights Out

You are free to visit with others in our group during our normal hours on the trip in common areas.

ABSOLUTELY NO ONE is permitted out of their room for any reason after the scheduled lights out time except in the case of an emergency. ***In case of an emergency***, you will need to contact your chaperone and they will come to your room.

No persons of the opposite gender are ever allowed in your hotel room. **Do not ask for permission even if the door is left open, the answer will be no.** You have plenty of time to socialize during the day.

Lights out means lights out.

Curfew (room check) and lights out each night will be designated upon our return. You will need to be in your room prior to the room check time. Your chaperone will check in with you before lights out and let you know what is happening the next day. After lights out there is to be no noise, and you are to get as much sleep as you can so that you have energy for the next day.

We have hired night security for each floor to ensure no one is going in or out of our rooms during the night hours.

VI. Dress Code and Attire

*Consult the CHS Student Parent Handbook for dress code requirements. Students must be in proper CHS dress code while on this trip. **MODEST** swimsuits please!!

Phoenix weather is a moderate climate with low humidity. It is best to dress in layers. A typical sunny day in Phoenix at this time of year is between 60-75 degrees. A typical cold day is between 40-60 degrees. It cools off significantly at night, so a jacket or hoodie is recommended.

1. ASU Clinic Performance Attire (worn on the ride)

Guys- Nice pants (Khaki/Slacks) No jeans/shorts. Polo shirt or nice button down shirt

Ladies- Nice dress pants or skirt (skirt must cover knees when sitting in a chair). Nice top.

2. Cubs vs. Diamondbacks Game (worn on Friday to museum and game)

All- Purple PR Shirt, Jeans, Tennis Shoes.

VII. Health Emergencies

*We will be taking the Emergency Medical Forms with us everywhere. **IF YOUR INFORMATION/INSURANCE PROVIDER/EMERGENCY CONTACT, CHANGE BEFORE THE TRIP, PLEASE CONTACT MR. MANZI IMMEDIATELY TO UPDATE THESE FORMS. NO MEDICAL ASSISTANCE CAN BE RENDERED WITHOUT YOUR PERMISSION.**

*All medical needs (prescriptions, daily medications) should be filled before we depart for California. Mr. Manzi **MUST** be informed of any medications that a student needs to take. These prescriptions should be clearly labeled and kept with the student in the original bottle.

*Please inform us to any health related issues that we need to know about prior to departure to keep your son/daughter healthy and happy.

*Director, faculty, and chaperones **ARE NOT ALLOWED** to dispense over the counter medication(s) at any time. (We will contact you if needed first.)

VIII. Hotel Etiquette

*Keep your hotel room neat and organized. Report anything that is not correct/broken or damaged **as soon as you arrive**; as ***all in the room*** will be held responsible for any damage or missing items.

*Noise is to be kept at a minimum (talking, tv, radio, etc)

*Chaperones will enter your room each morning and each night to ensure that the rooms are being kept in order. Faculty and Chaperones have the right at anytime to enter your room to ensure that proper hotel etiquette and trip guidelines are being upheld.

*You are NEVER, EVER, EVER, EVER, allowed to leave the hotel property for ANY REASON!!! This rule is NON-NEGOTIABLE, and offenders may find themselves being sent home at their parents cost.

*Faculty and Chaperones will be doing a visual check each morning and night to ensure that you are awake and are ready for lights out. When a chaperone or faculty member comes to your room at anytime, you are to grant them immediate access.

*Please remember: ***YOU WILL BE LIVING WITH PEOPLE THAT YOU DO NOT USUALLY LIVE WITH FOR THREE NIGHTS IN THE HOTEL. PLEASE REMEMBER TO RESPECT EVERYONE'S PRIVACY AT ALL TIMES.***

IX. Instruments and Equipment

*To make transportation as effective as possible, help from everyone is expected when we are loading/unloading bus.

*Make sure your instrument is labeled with proper ID.

*Check, recheck and triple check to make sure you have everything you need.

All concert band uniform parts must be in your checked bag so that when we need them you will have them.

X. Money

*Do not spend all of your money at one time. BUDGET your funds to last the entire trip.

*Travelers Checks/Reloadable Debit Cards are a great idea. Most locations will use these, and they are things only YOU can cash. If they get lost, they can also be replaced.

*Expect to budget \$10-\$20 per meal in Phoenix depending how hungry you get. There will be 4 of these meal situations to plan for.

*Souvenirs are at your own discretion. Expect to pay anywhere from \$10-\$40 for a t shirt. Again, budget your money wisely.

XI Reminders

*All school and trip rules and regulations are strictly in effect from the time we board the bus in Carlsbad, until the time your parents pick you up on March 3rd.

*Students must obey all requests by director, faculty, and chaperones.

*Listen carefully to instructions as they will be given frequently.

*Report **PROMPTLY** for everything!!!

*Use the "Buddy System" No one should ***EVER BE ALONE AT ANY TIME, NO MATTER WHERE WE GO OR WHAT WE DO!!! THIS IS FOR YOUR SAFETY!!!***

*There are no room assignment changes allowed. PERIOD

*Possession and/or use of an illegal substance are grounds for **IMMEDIATE expulsion from the remainder of the trip and you will be sent home at your own cost. Disciplinary action will also be taken through the school.**

*Possession and/or use of weapons are grounds for **IMMEDIATE expulsion from the remainder of the trip and you will be sent home at your own cost. Disciplinary action will also be taken through the school.**

*Any illegal activity (i.e. smoking) is grounds for **IMMEDIATE expulsion from the remainder of the trip and you will be sent home at your own cost. Disciplinary action will also be taken through the school.**

*All chaperones are to be respected at all times. In the event of any rule infractions, chaperones will inform Mr. Manzi immediately.

Emergency Phone Numbers

If you would like to maintain contact with your student throughout the week, please set up a phone call schedule with them prior to departure. We understand that this is the first time that some students are leaving home for an extended period of time, and we understand that parents/guardians wish to maintain contact with their children. Please use the following procedure to contact your student in ***EXTREME EMERGENCIES*** only. Please know that if you call your student and they are in the middle of a performance on Friday/Sunday, they will not be able to call you back until that performance is over.

*In case of a family emergency in which you need to reach your student please take the following steps.

1. Call your student's cell phone
2. Call Mr. Manzi's Cell Phone
3. Call Alissa Mireles Cell Phone
4. Call Alston Dream Travel (Sandra) Travel ***ONLY*** if you cannot reach any of the above and they will contact the tour escort.

CONTACT NUMBERS

Mr. Manzi's Cell Phone (217) 412-8820
Alissa Mireles Cell Phone (760) 445-0255
Sandra Alston (760) 672-3776

Hotel in Phoenix

Embassy Suites
4415 E. Paradise Village Parkway S.
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